

# **COMMUNIQUE**



**OFFICIAL NEWSLETTER OF  
INDUS ALTUM INTERNATIONAL SCHOOL, BELAGAVI**

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## INDUS ALTUM - BOARDING FORUM



IAIS conducted the very first Boarding Forum on 4th February 2023. This was a platform for parents to get a glimpse of the weekdays and weekends that the students spend at the boarding. The morning activities, sports undertaken by boarding students, academics, evening prep and second study hour were discussed. It was great to hear all the positive feedback shared by our boarding parents. Our Principal and Director Administration attended to all the queries raised by the boarding parents.

## 'JOY OF SHARING' - VISIT TO GOVERNMENT SCHOOL



I visited a Kannada government primary school in January along with my classmates and Early Years students and our homeroom teachers. This visit was a part of the 'Joy of Sharing' program undertaken by IAIS. We reached our destination and saw the government school students attending classes with their teachers. We soon interacted and played indoor games with them. The most interesting part was donating 84 storybooks that we had collected to create a mini library for them! Next, we collaborated with them in an activity where we drew our 'Dream School'. From this visit, I learnt the values of kindness, 'sharing is caring', and being helpful.

[CLICK HERE TO WATCH](#)

**Dhruv Lahreesh, Grade 1**

## CONGRATULATIONS TO OUR YOUNG AUTHOR



“Read a thousand books, and your words will flow like a river.” This is true for IAIS' Grade 4 student, Aarna Mulimani - a voracious reader, and now a published author! Aarna has published her first book, "The Mystery of Ms Viexa" as a part of the Education World's National Young Author's Fair, in partnership with BriBooks. She enrolled in the national competition in December and has sold more than 30 copies online.

[CLICK HERE TO READ ONLINE](#)

## CIRCLE TIME - WELLNESS SESSIONS

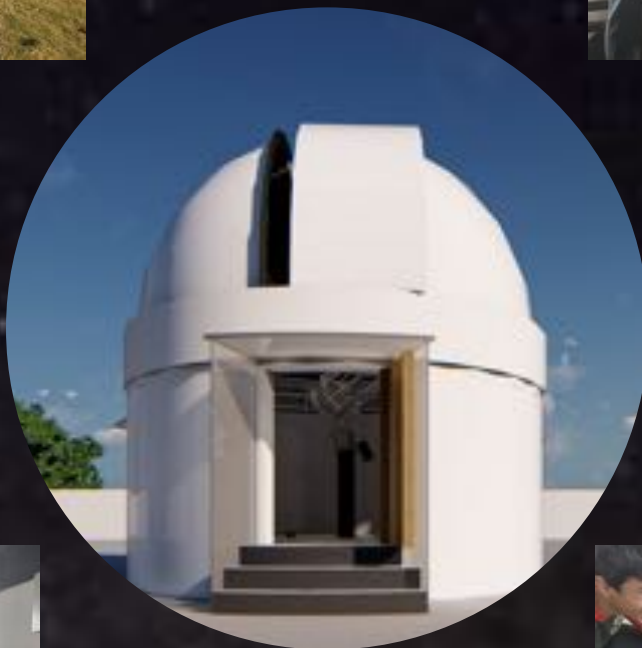


Circle Time - Wellness sessions at IAIS for secondary students are conducted by our school counsellor, Ms. Femi Antony and our Principal, Dr. Praseedha Sreekumar. During the sessions we have been discussing a lot about Indus Altum Core Values - Love, Empathy, Discipline and Respect. I personally love the role-play performed by students that has helped me understand the concept of 'Self Love' better. These sessions have also helped me communicate better with the teachers and taught me more about compassion and its importance. All my classmates were very enthusiastic during these sessions and had a positive response to the ideas and concepts discussed. I look forward to attending many more wellness sessions and learning more about myself.

[CLICK HERE TO WATCH](#)

**Aarohi Raibagi, Grade 7**

## IAIS ASTRO SCIENCE WORKSHOP



In the month of February, Astro Science Workshop was conducted for students of grades 6 to 11. The aim of the workshop was to provide hands-on experience in Astro Science through the IAIS Astronomical Observatory along with a few activities to promote mindfulness, teamwork and critical thinking skills among the students.

The students were introduced to the details of the observatory and the telescope. They were also briefed on the factors that influence the Astronomical Observations and the method to spot any stars, planets and constellations. The students could observe Venus, Jupiter and it's natural satellites and the Orion Nebula.

The Astro Science Workshop provided students with a unique and engaging learning experience. The workshop helped to promote teamwork, critical thinking, and problem-solving skills among the students.

## OUR STUDENTS SPEAK



**Jayanth, Grade 8**

**The trees turn old,  
The atmosphere becomes cooler  
By the minute  
The starry nights as purple  
As grape vine.  
The skies remind me of the warm  
Sunsets long gone  
The memories will vanish,  
In the thin cold air  
As I breathe out a sigh  
Looking towards the horizon.**

**Tapasya Perugu (Grade 8)**

## OUR PARENTS SPEAK



**Jyoti M. Karimani,  
Mother of Vedh (Grade 9)**

Indus Altum has always been a special place for my son, Vedh, who is currently studying in Grade 9. I, being a parent, feel that Indus Altum International School is a great place, where students are imparted excellent academic and extracurricular coaching. All students are treated equally and with respect. There is a positive energy flowing from the teachers and the office staff. All classes and extra-curricular activities are conducted exceptionally well. The syllabus is covered at such a pace that the students don't feel burdened. The school provides the best of facilities. The conversation between the students and staff is very interactive and fascinating. I wish the school all the very best for its future endeavours!

## IAIS OPEN HOUSE



IAIS recently conducted an Open House for parents on 11th February 2023. Since it is almost the end of our academic year, the parents of both Primary and Secondary were taken through the journey that their children worked on so diligently. Our academic coordinators along with the teachers also showed them a glimpse of all

the events and activities that would be conducted in the months of February and March. To make the day a more reflective and engaging, our Principal Dr. Praseedha Sreekumar conducted a whole-school session highlighting 'The Power of Positive Words in Parenting' to help our parents become confident and motivated. This was followed by a session on 'Self Care' by our school Counselor, Ms. Femi Antony, wherein parents shared their valuable reflections and insights. We then ended this day with a range of fun-filled activities for our parent community, arranged by our homeroom teachers. Team IAIS looks forward to creating more memorable moments with our parents!

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## THE INDUS ALTUM BOOKMARK

**THE BOOK THAT WE RECOMMEND THIS MONTH IS  
'Jonathan Livingston Seagull - BY 'Richard Bach'**



'Jonathan Livingston Seagull' by Richard Bach is a book about potential, about dreamers, about passion and the meaning of life. Jonathan Livingston Seagull doesn't feel like it fits in with the rest of the flock. They spark and care only for food, flocking around the fishing boats in the hope of picking up scraps of fish and bread, while Jonathan Livingston Seagull flies by himself working on his skills of flight. Seagulls are also not known for being graceful flyers, or for being fast or agile, but Jonathan Livingston Seagull is fascinated by these things. He spends hours trying to fly faster and higher in more spectacular ways. He would rather do that than eat.

It is not that we cannot do anything because our body does not have the potential but, it is our internal courage that somewhere doesn't allow us to do those things. This book inspires us to develop a strong intrinsic motivation and trust the process of learning, failing and rising again.

**SUGANDHA SINGH - FACILITATOR**

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## IAIS PAC Bulletin

IAIS PAC released the first PAC Bulletin on 11th Feb 2023 by Ms Priti Patil (PAC Core Committee Member for Newsletter). We would like to thank Ms. Priti Patil and the PAC committee for coming up with such an informative and elegant bulletin. It is a great pleasure sharing the 1st PAC bulletin with our parent community. Kindly [click here](#) to read the IAIS PAC Bulletin